




MEADOWBROOK
— OCONTO FALLS —

Upcoming Event >>>

Mon 1: 9:30 Reminisce/ 1:30 Jackpot

Tue 2: 9:30 Lutheran devotion/ 1:30 Bingo

Wed 3: 9:30 Room Exercises/ 1:30 Good of Days

Thu 4: 9:30 Manicures / 1:30 Sensory Rides

Fri 5: 9:30 Catholic devotion/ 1:30 Bingo

Sat 6: 1:1 visits

Mon 8: 9:30 Trivia / 1:30 Jackpot

Tue 9: 9:30 Music & Memory/ 1:30 Bingo

Wed 10: 9:30 Chair Exercises / 1:30 Reminisce

Thu 11: 9:30 Manicures / 1:30 Current events

Fri 12: 9:30 Catholic devotion/ 1:30 Bingo

Sat 13: 1:1 visits

Mon 15: 9:30 St Patrick Stories/ 1:30 Cardio Drums

Tue 16: 9:30 Lutheran devotion/ 1:30 Bingo

Wed 17: 9:30 St Patty's Trivia/ 1:30 St Patty's cart
St Patrick's Day

Thu 18: 9:30 Manicures/ 1:30 Sensory Rides

Fri 19: 9:30 Catholic devotion/ 1:30 Bingo

Sat 20: 1:1 visits

Mon 22: 9:30 Laughter is the Best Medicine/ 1:30
Jackpot

Tue 23: 9:30 Resident Council/ 1:30 Bingo

Wed 24: 9:30 Reminisce/ 1:30 Word Scopes

Thu 25: 9:30 Manicures/ 1:30 Easter crafts

Fri 26: 9:30 Catholic devotion/ 1:30 Bingo

Sat 27: 1:1 visits

Mon 29: 9:30 Easter craft / 1:30 Tattoo Booth

Tue 30: 9:30 Lutheran devotion/ 1:30 Bingo

Wed 31: 9:30 Reminisce / 1:30 Chair Exercises

**** Activities Subject to change****

Newsletter

Myths and Facts about COVID-19 Vaccines

Now that there are authorized and recommended COVID-19 vaccines in the United States, accurate vaccine information is critical.

Can a COVID-19 vaccine make me sick with COVID-19?

No. None of the authorized and recommended COVID-19 vaccines or COVID-19 vaccines currently in development in the United States contain the live virus that causes COVID-19. This means that a COVID-19 vaccine **cannot** make you sick with COVID-19.

It typically takes a few weeks for the body to build immunity (protection against the virus that causes COVID-19) after vaccination. That means it's possible a person could be infected with the virus that causes COVID-19 just before or just after vaccination and still get sick. This is because the vaccine has not had enough time to provide protection.

After getting a COVID-19 vaccine, will I test positive for COVID-19 on a viral test?

No. Neither the recently authorized and recommended vaccines nor the other COVID-19 vaccines currently in clinical trials in the United States can cause you to test positive on viral tests, which are used to see if you have a **current infection**. If your body develops an immune response—the goal of vaccination—there is a possibility you may test positive on some antibody tests. Antibody tests indicate you had a **previous infection** and that you may have some level of protection against the virus.

If I have already had COVID-19 and recovered, do I still need to get vaccinated with a COVID-19 vaccine?

Yes. Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, vaccine should be offered to you regardless of whether you already had COVID-19 infection. At this time, experts do not know how long someone is protected from getting sick again after recovering from COVID-19.

Will a COVID-19 vaccination protect me from getting sick with COVID-19?

Yes. COVID-19 vaccination works by teaching your immune system how to recognize and fight the virus that causes COVID-19, and this protects you from getting sick with COVID-19.

Will a COVID-19 vaccine alter my DNA?

No. COVID-19 mRNA vaccines do not change or interact with your DNA in any way.

For more information go to <https://www.cdc.gov/coronavirus/2019-ncov/vaccines>

March Word Search



CLOVER
COINS
GREEN
INTERNATIONAL WOMEN

IRISH
LEPRECHAUN
LUCKY
POT OF GOLD



RAINBOW
SHAMROCK
ST PATRICK DAY



Employee Birthdays

- Amy Fifield, March 14
- Shirley Sutrick, March 15
- Jennifer Neta, March 16
- Alexander Harris, March 18
- Raeann Greetan, March 19
- Joy Tingley, March 22
- Suzanah Wilson, March 24

The Month of March

In the early Roman calendar, March (or *Martius*) was the first month of the calendar year. As March brought the first day of spring with the vernal equinox, it was the start of New beginnings.

March became the third month when January and February, which were added to the end of the Roman calendar around 700 BCE, instead became the first and second months around 450 BCE.

MARCH CALENDAR

March 8 is **International Women's Day**, which is a day that celebrates the achievements of women and the progress made toward women's rights.

March 14 is the start of **Daylight Saving Time**, which begins at 2:00 A.M. that day. If your area observes it, don't forget to "spring forward" and set the clocks one hour ahead, or you may find yourself an hour late to everything!

March 15 is **Clean Monday**. Also called Pure Monday, this day marks the beginning of Great Lent for followers of the Eastern Orthodox Christian Church. This day is similar to Ash Wednesday of the Western Church.

March 17 is **St. Patrick's Day**. According to folklore, folks wear a shamrock on St. Patrick's Day because the saint used its three leaves to explain the Trinity.

March 27 is the start of **Passover**, which begins at sundown on this day.

March 29-31 are known as the **Borrowing Days**. According to lore, the last three days of March have a reputation for being stormy.

Meet our Team >>>

Hometown: Milwaukee

How Long have you worked at Oconto Falls?

I've worked here for 8 years.

Tell us about your family?

I have 2 sisters, 1 brother, my dad, 2 nephews, 1 niece and 2 cats.

What is the best part of your job?

The best part is interacting with the residents and coworkers.

What is something you'd like to accomplish?

I would like to win the lottery and buy a house.

What is your favorite TV Show and Vacation Spot?

My favorite TV Shows is Greys Anatomy, and my favorite vacation spot is any lake with fishing.

Sarah Stimac

CNA



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Contact us at **920-848-3272**

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A CMS 4 Star Facility

"I'm a great believer in Luck, and I find the harder I work, the more Luck I have." — Thomas Jefferson